



INTERNATIONAL SUMMER WEEK 2023

Come to Ponferrada to improve your network and learn more about new ways of internationalization. Discover our place, an historical land of Spain. SEE YOU!

PLANNING

Monday 10th:

- 10.00h-10.15h: Opening and welcome. ULE Ponferrada Campus Services Building.
- 10.15h-11.45h: Workshop "Chasing wildfires (and more) from the space". Dr Flor Álvarez Taboada. Ponferrada Campus of the ULE
- 12.00h: Break. Cafeteria of the Ponferrada University Campus.
- 12.30h-14.30h: Spanish Workshop.
- Group photos.
- Free afternoon.

Tuesday 11th:

- Visit to León
- 10.00h: Departure from the Ponferrada Campus of the ULE.
- 19.00h: Return from León to the Ponferrada Campus of the ULE.

Wednesday 12th:

- 10.00h-11.30h: Workshop "Workshop on floral diversity in angiosperms". Dr. Carmen Lence Paz. Ponferrada Campus of the ULE
- 11.45h: Break. Cafeteria of the Ponferrada University Campus.
- 12.30h: Visit to the Ponferrada street market.

Thursday 13th:

- 10.00h: Departure by bus from the Ponferrada Campus of the ULE.
- 10.30h-12.00h: Workshop "Raising awareness of the SDGs in society". Dr. Pilar Marqués Sánchez and Dr. María Fernández Muiños. Prada a Tope-Palacio de Canedo
- 12.30h: Lunch/break. Prada a Tope-Palace of Canedo
- 16.30h: Visit and tasting at Bodegas Gancedo Winery and Vineyards.
- 18.00h: Return to Ponferrada.
- Evening socialising.

Friday 14th:

- 10.00-11.30h Workshop "Physiotherapy at University in Spain". Dr. Ana Felicitas López Rodríguez. Ponferrada Campus of the ULE
- 11.45: Break. Cafeteria of the Ponferrada University Campus.
- 12.30h: Visit to the Castle of the Templars.
- 13.30h: Welcome by the Mayor of Ponferrada.
- Evening socialising.



WHAT WILL YOU FIND IN OUR INTERNATIONAL SUMMER WEEK?

- Networking
- Lectures about transversal topics
- Workshops
- Basic Spanish Workshop
- Cultural Program (city tour, tapas tour, excursions)



International Summer Week 2023: Campus Ponferrada.



TAKE PART IN OUR INTERNATIONAL WEEK

DURATION

The International Week will take place from Monday 10.07.2023 to Friday 14.07.2023.

LANGUAGE

Main working language will be English. Alternative activities will be held in Spanish.

APPLICATION and SELECTION

The number of participants is limited to 40, with a maximum of 3 attendees per institution. Please, fill in **the online application form**.

Deadline: 25.06.2023.

PARTICIPANTS CONTRIBUTION

During the International Week there will be some workshops in which participants will be actively involved.

FUNDING

Participants are responsible for covering their own accommodation, meals (some are included) and other expenses.

We suggest to seek for Erasmus staff training funding at your Home Institution, whenever possible.

MOBILITY AGREEMENT

We have a standard agreement for Erasmus+ mobility.

ABOUT PONFERRADA

Ponferrada, capital of the region of El Bierzo, is one of the major staging posts on the Pilgrim's Road to Santiago de Compostela as it passes through the province of León. The historic quarter of this town sits below an imposing castle built by the Knights Templar.

The first records of Ponferrada are as a former citadel in Roman times. From the 11th century, the rise in pilgrimages to Santiago de Compostela spurred the appearance of the hamlet of Pons Ferrata, located on the Pilgrim's Route to Santiago de Compostela and named in this way because of the building of a bridge reinforced with iron.

It's a pleasure to go out for a walk in its parks, to visit museums or just to enjoy the places. It's biggest attractions are the **Castle of the Templars** and the **Energy Museum**, which both give testimony to what this city has been like throughout its remote and recent history. Discover our great region!



Famous vineyards are part of our region too. Some of them are in the ancestral Camino de Santiago.

TRAVEL TO PONFERRADA

The journey time between Madrid and Ponferrada is around 4h 30 m. and covers a distance of around 472 km. This includes an average layover time of around 1h. Operated by Metro de Madrid and Renfe Viajeros, the Madrid to Ponferrada service departs from Sol and arrives in Ponferrada. Typically six services run weekly, although weekend and holiday schedules can vary so check in advance.

By train:

Only two hours from Madrid! From the airport you will need to reach Chamartín Train Station. Take Metro line 8 or "Cercanías" train. Both AVE (highspeedrail in Spain) and Alvia (long-distance rail) tickets are available at www.renfe.com/es/en

By bus:

You can take a bus from Terminal 4 or reach the bus station by metro (Metro stop "Mendez Alvaro") and take a bus there. Bus tickets are available at www.alsa.com. There are more than 5 bus per day.

ACCOMODATION

There are a lot of possibilities to accommodation.

Ask for our recommendations